



Avalanche Awareness

EDMONTON AND AREA

Course Providers: Lori & Randy Zacaruk

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Invest the time this season... what have YOU got to LOSE??

Backcountry sledding is an awesome and challenging sport but is not without its risks. Avalanche education can make our mountain experiences safer if we and our fellow sledders are knowledgeable in identifying high risk areas and trained for emergency situations.

Snowmobilers teaching Snowmobilers!

Over the past four seasons Zac's Tracs has provided hands on training to almost 600 sledders in locations throughout Alberta and British Columbia. Evening Sessions are not enough! All riders need hands-on field instruction. Look at the terrain, the snow, and your riding habits with a new set of eyes. Minor changes in your riding style can make major changes in your risk level.



WHERE: Classroom Facility TBA
Edmonton, AB

WHAT: Classroom Sessions

WHEN: EVENINGS 6-10pm
Wednesday, January 28th, 2004
Thursday, January 29th, 2004

Field Exercises: Valemount, BC
OPTION 1 - January 31st, 2004
OPTION 2 - February 1st, 2004

COST: \$175/pp for 2 evenings & 1 field day

TO REGISTER: Call or email Zac's for details

Introductory Recreational Avalanche Courses (RAC) – Canadian Avalanche Association Course Curriculum

Classroom Sessions - 2 evenings 6:00 -10:00 pm Max. 32 students

- Formation and nature of avalanches
- Identification of avalanche terrain and assessing avalanche danger
- Factors affecting snow stability
- Self rescue techniques
- Equipment demonstrations, proper usage and limitations
- Winter backcountry travel habits
- Analysis of past accidents, group activities, slides and videos

Field Day: ~8:00 am – 5:30 pm Max. 16 students/field day. Either Sat or Sun

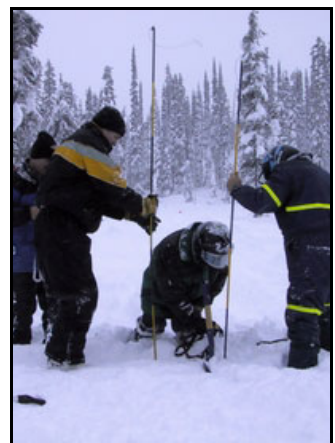
- Single and multiple burial searches using analog and digital technology
- Group rescue scenarios
- Safe travel and group management techniques
- Snow profile pit for stability tests, introductory crystal & potential failure plane identification
- Various models of SOS, Ortovox, Tracker and Barryvox avalanche gear and SEAR snow study equipment available for student use and demo.
- Life size dummies and transmitters for rescue exercises.

(Maximum student to instructor ratio of 8:1)

A Release of Liability must be signed before participating in any program.



Snow Profile / Stability Tests



Pinpointing with a transceiver and probe



Rescue Simulation



canadianavalancheassociation

CANADIAN AVALANCHE ASSOCIATION
Recognized RAC Instructor, Level 1 Certified
Various professional development workshops
CAA Board Member 2003/2004



ALBERTA SNOWMOBILE ASSOCIATION
2001/02 SledSmart Safety Educator
2002/03 SledSmart Team Partner
Over 10,000 students taught.